# DANELLA® PRIDE Vol. 2.1 | Winter 2018 DANELLA WE ARE ALL RESPONSIBLE FOR EACH OTHER'S SAFETY TODAY TOMORROW ALWAYS **SAFETY EDITION EMPLOYEE SPOTLIGHT Barry Urban** p. 6

## A MESSAGE FROM OUR

# **CORPORATE SAFETY DIRECTOR**

Danella Companies strive to achieve an injury-free and damage-free workplace, while minimizing impacts to the environment. This Winter 2018 issue of Danella Pride covers many of our safety initiatives, but one of the keys to success is a Near Miss Program. We are establishing a program to provide a means for all employees to report environmental, health, or safety concerns, including incidents, without the fear of disciplinary action.

Employees are encouraged to recognize, report and share situations they believe may lead to a potential injury, environmental incident, or property damage. In other words, any condition that if not addressed may result in either you, or a coworker, being injured. Employees need to contribute to this program to help establish a safer workplace environment in which concerns are openly discussed constructively at the job site with co-workers and shared with supervisors and managers.



The ultimate goal is to achieve a safety culture that has zero incidents, in part, by utilizing a pro-active process to report Near Miss situations and stopping all unsafe work practices that are observed.

The Occupational Safety and Health Administration (OSHA) and the National Safety Council defines a Near Miss as "an unplanned event that did not result in injury, illness, or damage – but had the potential to do so. Only a fortunate break in the chain of events prevented an injury, fatality or damage; in other words, a miss that was nearly an accident."

Lessons learned from Near Misses will be reviewed at safety meetings. The intent is to learn the lesson once – at a near-miss level – implement appropriate controls and then share it to prevent similar accident potentials from happening.

Here is an example of a Near Miss. You identify a potential trench cave-in due to unstable soil conditions. Even though the trench is less than five feet deep, you notice there is a cave-in risk due to trench wall cracks and surface fissures (other examples of a cave-in risk would be previously disturbed soil, wet conditions, unsupported adjacent structures, or excessive vibrations). The Near Miss would be eliminated by stopping work activities, determining the appropriate cave-in prevention methods, and implementing them. If the unstable condition is allowed to continue, it could result in a cave-in and potential injury.

It is also important to discuss Near Miss reporting during the Job Hazard Analysis (JHA) or Job Briefing. The Near Miss Program is an excellent opportunity to identify hazards and controls for many work activities and work site conditions. It is also an opportunity to reinforce Danella's expectation to provide a safe work environment and report a Near Miss condition.

We have made significant achievements in accident prevention. The Near Miss Program is the next step in reaching our goal of Zero Accidents.



Davi Ihre



# CONTACT

- www.danella.com
- fb.com/danellaco
- witter.com/danellaco
- inkedin.com/company/danella-companies
- bit.ly/2iWV6WQ
- news@danella.com
  - 610-828-6200

# Scholarships

- > Full-time employees with a student applying to Villanova University for Fall of 2019 are eligible to submit an application form to be considered for The James D. and Carmen A. Danella Endowed Scholarship. This scholarship supports a full-time student over the course of four years at Villanova. Please contact Jen Smugeresky at jsmugeresky@danella.com for additional information.
- High school seniors, who have a parent working at Danella, are eligible to apply for several scholarships ranging from \$1,000 to \$8,000 from the National Utility Contractor Association. For more info visit: nuca.com/scholarships

# Important Info

- > Danella's **Benefits Open Enrollment** period for nonunion full-time employees will be available soon. Open enrollment is held once per year and allows employees to enroll or to make changes to their health, dental, flexible spending, and AFLAC benefits. Changes made during the open enrollment period will go into effect April 1, 2018. Keep an eye out for your open enrollment packets.
- > WANTED: Join us in sharing the success of Danella's Wellness Program. If you have a success story, email Robin Bender at rbender@danella.com. The Wellness Program helps each of us to continue to be healthy. Why not share your story? Individuals participating in these stories will receive a \$100 gift card.
- > Danella's 30th Annual Auction is April 21, 2018 in Plymouth Meeting, PA. Come check out our vehicles for auction! More info can be found at danella.com.

## **PHOTO CONTEST**

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## IN MEMORIAM



Robert K. Rohde passed away on Friday, January 26, 2018. Robert was a 14-year employee of J. Daniel and Company and service in the US. Marine Corp. Robert will be missed by many throughout the Danella organization. We keep

**COMPANY NOTES** 

in our thoughts his wife Connie, his siblings, three step-daughters (Sara, Laura, and Amie), and his eight grand-children.



Michael Matozzo, an employee for more than 33 years, passed away on February 14, 2018. Mike began his Danella career right out of college, working in the 'Long Lines Division' with Rick Duich.

Jim Danella dubbed him one of the "traveling warriors" who would go anywhere and chase any contract to grow the business. Most recently he returned to his home in Conshohocken and started to work with Danella Construction of New Jersey to assist with building the division. Mike worked with many as a supervisor and co-worker, but most will remember him as a friend. He will be missed, especially by those whose days were brightened by his smile and laugh.

## Want to see your photos in the next issue?

Send your high-quality photos, featuring our logo and work, to news@danella.com and have a chance to win a gift card!



# OVERALL WINNER:

Paul Knight, Superintendent

Danella Atlantic Corporation working around the Washington Monument in DC.



**RUNNER-UP WINNER:** Andrew Krezel, DRSI Danella Construction NY crew working on Park Ave in Manhattan.



Throughout Danella, whether it be in the field or office, we continue to work towards a Zero Incident Philosophy (ZIP). In any workplace, it is not possible to eliminate all hazards, but Danella continues to educate and introduce programs to address safety issues. "It is essential for all Danella employees to engage with our safety program, to not only ensure safety on the job, but at home," Jim Danella, CEO, states in the safety orientation video. "We want everyone to go home safe to their families."

An important key to understanding safety issues in the field is how our employees are involved with safety. Everyday the Zero Incident Philosophy (ZIP) works to include all employees through periodic surveys on management practices, supervision, participation, and key elements of the safety program in order to understand where improvements can be made. Additionally, each division has a full-time safety manager who engages employees through day-to-day contact, not only to educate, but also to monitor safety regulations.

ZIP and overall safety begins the day someone starts employment at Danella. A cornerstone of the safety program namely is the safety orientation, which engages new hires to learn about Danella, safety expectations, and regulations. The orientation highlights many essential parts to the safety program including a Stretch and Flex program, how to work around buried or overhead utilities, excavations, confined spaces, etc.

Outside of training, employees engage in Job Hazard Analysis (JHA) and Serious Injury & Fatality (SIF) Recognition daily with their teams. These daily tools ensure hazards are identified, discussed, and controlled before work begins in any condition—adjusting any high-risk activities to avoid serious injury. Taylor Murray, Safety Manger for Pennsylvania, elaborated about his work, "I am daily engaging with employees to ensure they make it home. Besides doing paperwork, I am out in the field doing work site observations, trainings, and more. Being a safety manager means looking out for your friends and fellow coworkers while out in the field. Observing the hazards and working to address them."

Observations are a critical part to the safety process, whether the safety team or management conduct them. In 2017, Danella had over 3,500 work site safety observations conducted, documented, and reported for analysis. These observations are just one of the key ways to improve safety conditions for crews as it immediately addresses any issues seen in the field.

In addition to daily actions and observations, the recently introduced Near Miss program is a learning tool to help identify and prevent potential accidents in the future. A near miss can be anything that is an unplanned event that did not result in injury, illness, or damage—but has the potential to result in injury.

Often near misses are close calls or narrow escapes, in many cases with moving objects. The new program works to address potential injuries to reduce the overall occurrence of catastrophic incidents.

During the work week, there is a daily 7:30 AM call with all division managers and corporate management engage in a review of any incidents that occurred in the day or weekend before the call. This system of constant communication between division and the corporate level assists in developing new programs and training to address issues that are commonly occurring at different locations.

Looking past the daily observations and analysis, employees are continuously engaged through weekly safety meetings, frequent training, and a safety program audit that analyzes each division within fourteen categories. These fourteen categories for audit include many of the items discussed daily by crews but also include hiring practices, driver training, drug and alcohol testing, office/garage/yard hazard control, and document keeping. The Corporate Safety Director, Dave Pancoast, who has been in the field nearly 40 years, audits each division periodically.

Danella's safety program continues to evolve to help establish responsibility and accountability for each and every construction project in which we are involved. Employees are always encouraged to report any safety issues or near misses through the safety hotline (888-676-SAFE), the email hotline (safety@ danella.com), or to their safety manager. Any reported concerns are taken seriously and confidentially investigated to determine appropriate response in a timely manner.

# **SAFETY TIP**

At work, the second most common cause of injuries are slips, trips, and falls. Walking shouldn't be a challenge but our work sites can create unstable surfaces and many tripping hazards. Be aware of your surroundings. Remove tripping hazards and maintain an orderly work area.



# **UPDATE** 401(k) Benefits - Match Program

Danella values its employees' contributions to the success of the Company and Danella continues to strive to reward you with a competitive and comprehensive benefits package. As Danella grows, we continually adapt to ensure we offer an inclusive benefits package across the organization. We look for benefits to support our employees and keep us competitive in the marketplace. Effective April 1, 2018, the Company will match employee pay deferrals up to a maximum of \$2,000. Eligible employees may save up to 50% of their pay, subject to IRS rules. This plan is designed to help employees save for retirement. We are sending you this information now so you will be sure to read about it in greater detail when the benefits communication material comes your way in the next couple of weeks.

Our Commitment to You: You have important decisions to make. We are committed to giving you the resources you need to understand your options and how your choices could affect you financially, whether today or in the future. Although change is not

always easy, we want to make the rollout as simple as possible and do everything to help you make informed decisions in order to maximize your financial opportunities.





When it comes to safety at Danella, we continue to believe that it should be discussed on a daily basis with our workforce. One of the individuals who educates employees daily is Barry Urban, Safety Manager for Danella Line Services.

Joining Danella in 2011, Barry began his career in construction during the early 1980s. At the time the bigger phone companies offered great opportunities, health benefits, and pensions. With a few family members in the field, Barry decided that it was an excellent career to provide for his family. Within his 28 years at the phone company, he spent time as a lineman and eventually moved into a construction supervisor position. After a reduction in the workforce at the phone company, Barry saw several opportunities available at Danella—one being safety manager.

In the same line of business, Danella Line Services has offered Barry an opportunity to make a difference in safety; something that interested him during his time with his previous employer. Throughout his career there, Barry saw that many people only viewed safety as necessary when an accident happened. However,

the emphasis Danella puts on safety is daily, following a Zero Incident Philosophy (ZIP), so that everyone can go home safely.

Other than keeping up with daily safety calls and paperwork, Barry's goal is to get out into the field as much as possible to ensure the crews are working safely and productively. He often travels the multistate territories which Danella Line Services manages including New York, New Jersey, Delaware, Washington, D.C., and Pennsylvania to check in on crews. Barry offers continued education, to make sure that everyone understands what is expected of him or her in different job situations.

An essential part of being a safety manager is listening to the team. Barry works to make sure the team is comfortable around him, so they come to him with issues, work-related or personal. Barry explained that "sometimes they need a place to vent their frustrations, or just need someone to talk with about issues. I don't mind being that person at all." Having an established comfort level with the crews'

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# **ARE YOU READY FOR AN EMERGENCY?**



James Hensley
Division Safety Manager
Danella Construction of Alabama

In the days of fictional Post-Apocalyptic TV shows, have you personally seen any scenarios that could play out in real life? Situations in these

shows that could possibly become reality, such as no power, phone service, internet, running water, functioning gas pumps or natural gas distribution. What would your plan be?

#### **EMERGENCY PLAN**

The first step to handling an emergency is to evaluate your particular needs and prepare ahead of time. Children, pets, medication and location are all factors that come into play when preparing for a disaster. Location, at the time of a disaster can play a big factor if you are not home, out-of-state, at the office, etc. Nothing is worse than being prepared but not having the supplies accessible or if you cannot reach everyone. Have a response plan in place to contact everyone needed. Whether it be a group text or an app to alert everyone with GPS location. A clear means of communication should be in place and is easier when the recipients can verify the message as read. If communication channels are down, it is also important to have a common meeting place outside of your home location outlined in an emergency plan.

#### **EMERGENCY SUPPLIES/KIT**

When preparing for an emergency, plan for having at least three days' worth of supplies. A preparation kit could include:

- Water one gallon of water per person per day
- Food at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Batteries
- Dust mask to help filter contaminated air
- Plastic sheeting and duct tape to shelter-in-place
- Towelettes, garbage bags, and plastic ties for personal sanitation
- Basic tools, hammer, wrench, pliers
- Manual can opener for food
- Local maps
- Cell phone with chargers and a backup battery (power bank)
- Prescription medications, and non-prescription medications (e.g. pain relievers, fever reducers, antacids, or laxatives)
- Glasses, contacts, and contact lens solution
- Infant formula, bottles, diapers, wipes, diaper rash cream
- Pet food and extra water for your pet

- Cash or traveler's checks
- Important family documents: insurance policies, ID and bank account records
- Sleeping bag or warm blanket for each person
- Complete change of clothing appropriate for your climate
- Chlorine bleach and medicine dropper for disinfecting water
- Matches in a waterproof container and a Fire extinguisher
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels, and plastic utensils
- Paper and pencil
- Books, games, puzzles, or other activities for children

Food items, such as dried fruits, nuts, canned goods, or MRE's (Meals Ready To Eat)—found at military surplus or sporting goods stores—are popular and easily packed as meals. Each of these foods have a rather long shelf life, and MREs include everything from candy to coffee and more.

Additional items for consideration could be a supply of gasoline. Just a few gallons will be enough to exit a large city should gas pumps fail. Alternative heat sources, such as a kerosene heater, can be a lifesaving factor and you can buy or make your own. You can find many ideas about how to build your kit online such as www.safewise.com/blog/how-to-build-diy-emergency-kit or http://www.diypreparedness.net.

As with anything, the prep kit will require some attention and maintenance. But don't worry, it can be a fun activity for your family. For when expiration dates come near, a family could plan an outdoor retreat and use the close to expired food to prevent waste and run preparation drills.

Another aspect of maintaining your emergency preparedness kit is location of the kit. All members of the family should be familiar with the kits' contents and where to find it. You may consider having an alternate kit for your vehicle, which could include things specific for transportation. A smaller kit could also remain at your place of work, in case of emergency. However, the kit at home should be seen as your "MAIN" kit.

Lastly, you will want to run drills, with a wide range of scenarios, with your family or group. What are the specific responsibilities of the included party, different meeting locations, etc.? You want to add or adapt depending on the current situation. Do it yourself videos and articles of survival techniques are great help when planning for emergency events. Notes and diagrams could be included with your kit for future reference. With a little preparation, the next time you watch your favorite Post-Apocalyptic TV show, you and your family can say, "I think we could handle that".

# **TECHNOLOGY**

# Project Update: Office 365 Company Migration



Pamela Townsend
Chief Information Officer

As you may know, we will be moving from Lotus Notes to O365 for the Office Suite (Word, Excel, PowerPoint) and Email (Exchange Online) over the next few months.

Omega, our 3rd party IT partner, has been hard at work setting up the systems and syncing the accounts between Lotus Notes and Microsoft. Two test groups of employees have been identified to help work out any kinks in the migration and identify differences between Lotus Notes and O365, which will be helpful to know before everyone is migrated. For example, we know that the Recurring Meeting function does not migrate well. If you have Recurring Meetings on your calendar in Lotus Notes, you should make note of these before the migration and then delete them and set them up fresh in O365. Also,

any Mail Rules you may have set up in Lotus Notes will need to be set up fresh in O365, so you will want to take note of these before your mailbox is migrated. Undoubtedly there will be other functions that operate differently or are incompatible. We will let you know as these are discovered. Also, let the Help Desk know if you are experiencing any issues we can assist with.

Your full inbox and mail archive, including folders, will be migrated to the new email system. Your email signature will also be migrated.

Migration to the new email system will be done in phases by location. Migration is expected to start at the end of March. You will be notified, in advance before your migration date, with any specific instructions you need to know. Training will also be available, so please take advantage of the training when it is provided, as this will help make for a smoother transition.

## [Cont'd] People of Danella: DLSI Safety Manager, Barry Urban

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means that Barry is better able to understand their circumstances every day out in the field and how to inform them better about safety. Getting out into the field and interacting with the crews is essential for them to make it home.

After work, Barry has many activities that keep him busy, including building acoustic guitars, writing and playing music. Barry takes a lot of pride in his guitars: "Building a guitar is a challenge. You often have to work for hours on end to get a piece of wood to the right thickness or smoothness, and then continue to fine tune even after you thought you were done." Even with his musical endeavors, Barry makes sure to take time for his family, including his wife of 33 years, his four sons, and his granddaughter. When his four boys were younger, he spent a lot of time coaching soccer, golf, and ice hockey. He is a massive fan of the Philadelphia Flyers.

Barry is like many of us at Danella, caring, with a quiet sense of humor, and always striving for perfection. Vice President of Danella Line Services, Bob Brust reflects on Barry's willingness to not only cover a multi-state area for the company, but to make sure each of his coworkers go home safely to their loved ones. "In Barry's 7 years with Danella, he continues to make a positive impact on our team. Barry quickly and effectively communicates any safety issues and assists with developing safety protocols to better serve our division and others within Danella. He is not afraid to step in when needed. With his past experience working for the utility company, Barry offers hands on knowledge when educating our team members."

When asked about who has influenced him most during his time here at Danella, Barry points to Dave Pancoast, Corporate Safety Director.



"In Barry's 7 years with Danella, he continues to make a positive impact on our team. He is not afraid to step in when needed. With his past experience[s], Barry offers hands on knowledge when educating our team members."

Bob Brust, DLSI Vice President

Barry explained that Dave's years of experience and vast knowledge of safety had helped him, and all of the safety managers at Danella become better safety professionals. Dave feels similarly about Barry, "His past experience was a good fit for Danella Line Services where the majority of their work performed is in communication. His professionalism, personality, and genuine concern for the safety of our workforce is recognized and greatly appreciated."

As a true safety manager would, Barry likes to remind everyone that "safety rules and regulations are there to keep you safe. Do not take shortcuts or ignore the rules. That is how you get yourself into trouble or hurt."

# **VOLUNTEERING: THE PERSONAL BENEFITS**



Robin Bender

Benefits Administrator and Wellness Coordinator

If you have ever volunteered, you may have noticed that you felt good afterward. Maybe you felt a boost in your mood--you felt like you made a difference. Volunteering does more

than boost your mood—it also effects your physical well-being. The benefits of volunteering are immeasurable to you, physically, emotionally, socially, and professionally.

Many people volunteer for many different reasons and causes and do not do it because it personally benefits themselves. We volunteer because it makes a difference. There are benefits to volunteering. Did you know that when you volunteer you are improving your life, your health, and may even improve your quality of life?

When you volunteer you decrease your risk of depression, enjoy a sense of purpose and fulfillment and increase your self-confidence, reduce stress levels, and experience "The Happiness Effect."

Studies have shown that there are major benefits of volunteering. The research indicates it is one of the best things you do for yourself, your family, and community. No matter the age, volunteering can benefit you. Volunteering:

- Builds a sense of community by strengthening your community and social network
- Ends loneliness, which is a serious epidemic in the world today, creating friendships, and building bonds
- Increases socialization, improving brain functions and lowering the risk of depression or anxiety, as well as improving your immune system
- Develops emotional stability that have helped people with depression, PTSD, low self-esteem, and even OCD
- Helps teens and young adults improve self-esteem
- Promotes longevity, research shows long-term volunteers live longer, experience less disease, and enjoy better overall health
- Reduces the risk of Alzheimer's, because volunteering improves the elasticity in the brain; and leads to graceful aging, due to the physical and mental needs when volunteering
- Can also benefit students, job searchers, and employees in their personal growth and companies in their community
- Lastly, volunteering is fun and can make you happier.

Helping others, as many studies have demonstrated, kindles happiness. Results have shown that individuals who volunteered were happier compared to those who never volunteered and the more the person volunteered the odds of being "very happy" increased. Individuals who volunteered monthly their odds of being happy rose 7% and those who volunteered every two to four weeks, 12%.



As you see, there are so many benefits of volunteering. That is why we, as an organization, will be promoting volunteering opportunities as a way to earn Wellness Points. If you are aware of any opportunities, either as a company or as an individual option, please reach out to either Andrea Wentzell or me so we may assist if needed.

## DO YOU NEED WELL-BEING SUPPORT?

Health Advocate, Danella's Employee Assistance Program (EAP) provider is available 24/7 to assist employees and their families with medical, claims, mental health, and financial questions. This free benefit is available to all employees. Call (866) 799-2728 for support today. In addition, Danella's wellness partner can also be reached at (877) 935-5262 or coach@bhsonline.com.

## **BENEFITS UPDATES**

Our new benefits plan year starts April 1, 2018, which means Open Enrollment for all non-union employees. Open Enrollment gives benefits eligible employees the opportunity to enroll, cancel or make changes to the Company offered benefits. If in the past you usually just signed the enrollment form waiving coverage, this year you may want to look at the information included in the packet. All non-union benefit eligible employees will receive \$25,000 life insurance, as well as the opportunity to purchase group life insurance on a guaranteed issue. For more information regarding these benefits, please review the open enrollment packet, and remember to complete the life insurance form with your beneficiary information. AFLAC will also offer all employees the opportunity to purchase additional life insurance at group rates.

#### **GREAT JOB!**

The NJ Team would like to offer a huge thank you to everyone who has been putting in many hard cold days over the last several months, especially during the holidays. Crews led by foreman Nick DiValentino, Ron Myers, and Eric Posavec helped to complete several rush utility (electric, water, and gas jobs) throughout the state.

### Danella Construction, Inc. (DCI)

> Work continues on the AT&T build in Richmond, VA. Additionally, DCI is supporting CenturyLink in the Mid-Atlantic and Southeast through our LE contract. The team is continuing to bid projects up and down the east coast of the United States.

### Danella Construction Corp. of PA (DCC-PA)

> In continuing the PA team's gas training, several members partook in an in-house training course during wintry January to prepare for National Gas Association (NGA) testing. We wish

the crew luck on their upcoming test! (Photo Right)

#### Danella Line Services (DLSI)

> DLSI has been awarded a project for Zayo along the railroad corridor in South Eastern Pennsylvania to move and place new fiber optic cable. The team was also awarded a job in State College, PA for AT&T to place new fiber optic cable. Additionally, DLSI was awarded a multi



year contract with Altice to place equipment cabinets through out New Jersey and New York for a fiber-to-home build.

### Danella Rail Services Corp. (DRSC)

- > Enjoying a successful year in 2017, DRSC had several major projects, which includes two track surfacing crews working full-time on the FEC Railroad, maintenance services provided to Bright-Line's All Aboard Florida Train operations, and in our Texas location, the car moving and track work at Ashland Chemical. DRSC will continue all of these projects in 2018.
- > DRSC was recently awarded three new contracts with Miami-Dade

# **THANK YOU!** THE DANELLA CHRISTMAS PROJECT

Thank you to everyone who contributed once again to the success of the Danella Christmas Project. In its thirteenth year, the project helped bring smiles to over 600 students from two Philadelphia schools. To the many supporters, employees, friends, vendors, and volunteers that helped shop, gift wrap, and organize, thank you. A big thank you goes to those that organize the project, spending countless hours shopping and wrapping gifts each year: Cheryl Guffey, Hannah Guffey, Andrea Wentzell, and Robin Bender. Check out more about this year's project at danella.com/news.

An additional thank you goes to the team members at Danella Utility Construction for their work during the holidays to help under-privileged children in the Miami-Dade area of Florida. In cooperation with the Miami-Dade Police Department, DUCI once again participated in a gift giving event to the Downtown Miami Charter School. Their gifts helped to bring learning essentials and toys to the children. A separate donation also went to the Palm Beach County Sheriff's Department for their toy drive which distributes toys to under-privileged children in the county.











# **TEAM UPDATES**

Transit Authority for the operation of on-track equipment. This on-track equipment is supplied to the Authority under separate rental agreements, and in addition to the equipment supplied by the Rental Division.

> DRSC would like to welcome two new employees: Jared Snider (Tamper Operator) and William Lancaster (Laborer), who are both currently working on the FEC surfacing crews.

### Danella Rental Systems, Inc. (DRSI)

- > Continuing to grow the fleet of equipment for rent, DRSI added a second Know Kershaw KSF-940 Snow Fighter/Ballast Regulator. (Photo Below)
- > Check out the new Danella Rental Systems Catalog at danella. com/catalog-request

### Danella Utility Construction, Inc. (DUCI)

> DUCI continues to work on Florida Power and Light projects in and around the Miami area, striving to make safety and profitability our main focus. We will begin work soon on the new Miami Worldcenter, which will be built in the Park West Section of Miami, containing residences, restaurants, retail shopping, hotels and a convention center. We are proud to be a part of this venture.



## Congratulations

DUCI is proud to announce our "Near Miss" employee of the month for January, Silvio Diaz. He was rewarded with a \$50 gift card. Silvio has been employed as a pipe layer since 2004. Great job Silvio!



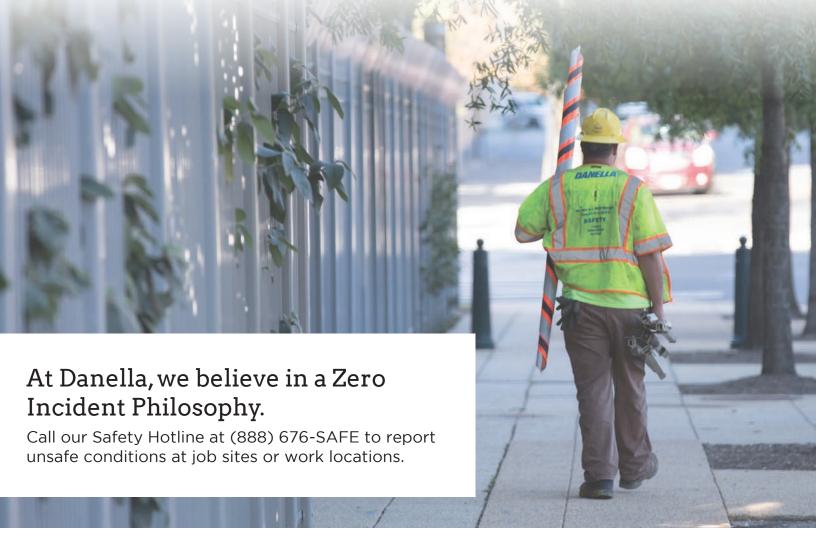
#### **CORPORATE NEWS**

> To celebrate the Super Bowl, the Corporate office with the help of BHS Wellness Coach, Smitha Shukla, on January 23, held a **Super Bowl Food Demo.** Healthier versions of guacamole, spinach dip, buffalo dip, and chili were prepared to show how simple swaps can lead to better food choice while watching the game.



- > On January 25, the Corporate office was invited to try two different types of infused water at a Hydration Station. Pineapple with thyme, seemed to be a hit with its sweet and herbal taste. The second infused water was lemon cucumber, which helps with anti-inflammatory, metabolism boosting, and vitamin C intake.
- > On Friday February 2, we invited all at Danella to participate in National Wear Red Day. The purpose of making this day recognized is to show support and to bring awareness of heart disease. In addition, to National Wear Red Day the corporate office, located just outside of Philadelphia, enjoyed a pre-Super Bowl party. Employees wore both red and Eagles green to cheer on the team for the Super Bowl. The half-time lunch had many favorite football foods and heart-healthy options to celebrate both occasions.





www.danella.com

2290 Butler Pike Plymouth Meeting, PA 19462

