

DANELLA[®] **PRIDE**

Vol. 3.1 | Winter 2019

WELLNESS EDITION

SETTING GOALS
p. 4

EMPLOYEE SPOTLIGHT
Robert Guldin
p. 6

Photo: Superintendents David Spivey and Nicholas Tenaglia overseeing work in Downtown Philadelphia.

A MESSAGE FROM OUR CHAIRMAN AND CEO

As I examine the work all of us continue to accomplish at Danella, I find it important to note a key feature to our success, that is our employee's health and wellness.

As part of the Danella Wellness Program, for nearly 10 years, our employees have engaged in setting goals—some intentional and some through accident. Setting goals are an important part of doing business, especially business development, but can also be done as each employee is empowered to make changes to their health.

It makes me proud that over the last year our employees and their spouses have improved their overall well-being. In 2018, of those who completed the Wellness Program requirements, 24% either maintained the ideal status in all health categories or made health status improvements in one or more health categories. Many employees and their spouses this past year have continue to access the wellness tools including the online portal, coaching, seminars, and webinars to set goals.

Setting goals for your overall well-being are an important step to ensuring as you age, you can continue to do the things you love. As such, we are the best advocates of our health, and that of our families.

I would like to thank our Wellness Program Committee, which I am part of, for their hard work throughout the year in continuing to make our program a success: Robin Bender (Benefits and Wellness Coordinator), Andrea Wentzell (Marketing Coordinator), Shauna Zitron (Executive Assistant), Hannah Muttie (AP/AR Assistant), and Sue Smith (Executive Assistant).

We are always looking, and always seeking information on how to make our Benefits and Wellness Program better. If you have any thoughts, please contact Robin Bender at rbender@danella.com.



James D. Danella



CONTACT



www.danella.com



fb.com/danellaco



twitter.com/danellaco



linkedin.com/company/danella-companies



bit.ly/2iWV6WQ



news@danella.com



610-828-6200

Scholarship

- > Full-time employees with a child accepted to Villanova University for the Class of 2019 are eligible to submit an application form to be considered for The James D. and Carmen A. Danella Endowed Scholarship. This scholarship supports a full-time student over the course of four years at Villanova. Contact Shauna Zitron at szitron@danella.com for additional information.

Important Info

- > **Danella's 31st Equipment Auction** will be held on April 27, 2019 in Plymouth Meeting, PA. More details and links to our equipment for sale can be found at danella.com.
- > If you are currently enrolled in the Medical Benefits through Danella please take note that the **Tobacco Usage Forms** are due May 1, 2019.
- > **WANTED:** Join us in sharing the success of Danella's Wellness Program. If you have a success story, email Dana Siverd our BHS Account Manager at dsiverd@bhsonline.com. The Wellness Program helps each of us to continue to be healthy. Why not share your story? Individuals participating in these stories will receive a \$100 gift card.

COMPANY NOTES

Congratulations



Danella Atlantic Corporation's Foreman, **Jason Vicidonini** and wife welcomed baby boy Hunter in February. Hunter weighed in at 7 lbs. and 2 oz., and was 20.5 inches long.

Have you Checked out our Safety Training Videos?

See the playlist by searching **Danella Companies on YouTube** to learn about important safety reminders.



PHOTO CONTEST

Want to see your photos in the next issue?

Send your high-quality photos, featuring our logo and work, to news@danella.com, and have a chance to win a gift card.



RUNNER-UP WINNER:

Rory Boothe, Foreman,
DUCI

DUCI working at the site for the new Miami Worldcenter in Miami, FL. The Miami Worldcenter will be a mixed-use area of residential, commercial, and conference space.



OVERALL WINNER:

Rob Borzillo, Foreman, DCC-PA
16 inch water main installation in Philadelphia, PA area



SETTING GOALS: IN WELL-BEING AND BUSINESS

“New Year, New Me.” Doesn’t just apply to January, but throughout the year. Setting health goals, and goals in general, for yourself is something you can do all year long.

Forbes writes that setting goals helps to trigger a behavior that allows an individual to mobilize or focus towards an action. Focus guides you towards a goal’s next step and helps to sustain momentum toward the result. A goal can help an individual build character as well.

Goals necessarily are not exciting, but by writing down goals and setting expectations, you are more willing to embrace the result and make better decisions as you try to achieve the goal.

SMART Goals

If you have engaged in goal setting before, you may be familiar with SMART Goals. SMART is an acronym for: Specific, Measurable, Achievable, Relevant, and Time-Bound. These five parts are what help to make good goals that can be attained.

- Specific because of the use of action words while stating what you will do.
- Measurable provides a way to evaluate the goal using metrics and data targets.
- Achievable makes the goal possible to accomplish, attainable.
- Relevant means that it makes sense within your job or lifestyle.
- Time-Bound means you will have it completed by a specific time frame or date (e.g. one quarter, one month, one year).

Each part of a SMART goal can clarify the importance of the goal you are trying to achieve. For example: “Lose ten pounds to better my health by May 2019.” They can also be very short-term and week-to-week. A great example is: “I will pack my lunch two times

this week instead of eating out.”

Goals in Wellness

Being active 30 minutes three to four times a week is good for you, but physically seeing your exercise on a calendar or To Do list (whether on paper or on your phone) enhances your desire to meet your goal. Keeping motivated and intentionally adding exercise into your lifestyle is a huge part of not only reaching your goal but making it part of YOU! The same can be said for eating healthier.

To set wellness goals, it is important to figure out why you want to set the goals in the first place. Start with a list of what you hope to accomplish from exercising, whether it be fitting better into your clothing, feeling less winded playing with your kids or grandkids, or reducing stress. This can impact why you exercise and knowing so can help motivate you towards completing the end goal.

Creating SMART goals also ensures you design your exercise and diet changes to adjust to that goal. If you have an end goal of having more endurance by a date, build up the amount of time you work out gradually. Make sure you enjoy what you are doing; exercising should be enjoyable in the long run. If you are changing your diet, do it slowly by taking away or adding one new thing at a time until you complete your goal. For example, a goal to remove caffeine from your diet can be accomplished by starting slowly; drinking two cups of coffee or soda instead of three and reducing from there.

Setting aside time to train or meal prep during the week is important. But also setting goals such as competing in a 5k or signing up for a biggest loser competition can play a part in seeing wellness goals to the finish line.

Business Goals

For those looking for their career's next step it is often important to set goals, similar to those you set for wellness. By setting a goal to have a certain certification by a specific date or completing an important project prior to its due date can help you attain a better business relationship with coworkers. Goals in business can be as small as completing a task by the end of day, or as large as successfully being added to a high-profile customer bid list—which can result in adding shorter term goals. The work you needed to do to achieve your goals can be daunting and overwhelming, but through proper planning and setting priorities, it can be done.

Map out a business goal as you would do a wellness goal using the SMART method, thus setting objectives to help see it through to completion. Strategizing what is most important can lead to understanding the bigger goal at hand. But it is always important to see that alternatives are available for certain goals to be attained.

Staying Motivated

A key to achieving your goals is to stay motivated. Figure out what motivates you. It can be your hopes for the future or a physical return (e.g. purchasing a new item for losing a certain amount of weight). By staying motivated, you can better achieve your goals.

SMART



One tip from BHS, Danella's Wellness Program provider is keeping a log to track workouts or tasks completed. Many individuals are visual. Seeing that log fill may motivate someone to see their end goal met.

The Setbacks

You are only human and setbacks can happen. Plan and get started again. This may mean reevaluating your goals and adjusting your plans. Don't focus on the setback; focus on the plan you make and that list of actions you want to accomplish. Your health and business ambitions are worth accomplishing your goals.

THANK YOU! A SUCCESSFUL CHRISTMAS PROJECT

For the fourteenth year, the Danella Christmas project successfully helped bring smiles to over 600 students from LaSalle Academy and John H. Webster Elementary. We want to thank everyone who once again contributed to the project; our many supporters, employees, friends, vendors, and volunteers are responsible for making this possible. The project which began with one Kindergarten class at Webster in Kensington, Philadelphia has grown to impact hundreds of low-income families.

A big thank you must go out to those who spend countless hours shopping, organizing, and wrapping each year: Cheryl Guffey, Hannah Guffey, Robin Bender, Andrea Wentzell, and countless others.

In addition, Danella Utility Construction, Inc. participated in a gift giveaway for the holidays bringing gifts and cheer to over 60 children at the Carrfour Supportive Housing Amistad Apartments in Miami. Amistad consists of 89 apartments with 45 units designated for formerly homeless families and 44 units for low-income residents earning at 60% or below the area's median income level. The children, ranging in age from 1 month to 16, had a wonderful time along with the Danella employees. Pictured bottom left are DUCI employees Tamara Genius, Freddie Brady, Terrell Bridges, and his wife Nicole Bridges, and Wanda Mendez of the Miami Downtown Development Authority which hosts the event.

More photos and information can be found at danella.com/news.



Photo: Bobby Guldin Pictured left with Jay Helman in New York.

DANELLA COMPANIES' ROBERT GULDIN

Throughout the Danella organization many of our employees take pride in their work, and their personal health and wellness. One long time employee who exhibits both for over 33 years has been Robert “Bobby” Guldin.

An extremely hardworking, generous, passionate, and focused individual, Bobby takes the time to make sure every job is completed on time and with quality—but also makes sure he has the time to exercise every single day. In his early years Bobby was active in wrestling, baseball, football, and coaching teams after his schooling was complete.

At college Bobby majored in Health and Physical Education but found a job as a casual laborer for PECO in 1986. When they stopped employing casual laborers, he began looking for companies that did similar work. He had an interest in gas and water work, and at the time Danella was hiring. Bobby interviewed on a Thursday with Danella Construction and started work the next day for Rick Duich, retired Manager of Danella Long Lines.

Over the next thirty years Bobby began to develop a relationship with coworkers and customers. The overall job has impacted his life. “While at Danella, I have learned a lot and grown a lot, my experiences here have helped to make me who I am today,” Bobby stated. “I have met and worked for many talented individuals who shared their knowledge and parts of themselves. These people, the work environment and even the customers have become a part of who I am.”

After the completion of the AT&T work, Bobby moved on to work with Bell Atlantic over the next four years. He credits the crew for getting him interested in conduit work and for encouraging him to get his CDL license—for which he was awarded a blue and gold dump truck. In 1992 the contract with Bell was completed. Bobby then was encouraged to seek work with Danella Line Services, Inc. (DLSI), later stepping into a foremen position.

Mentored by Chris Straubel, Joe Dugan, and others from DLSI, Bobby quickly began to excel at his work. In 2004, he started working in Delaware and was promoted to a Field Superintendent. Five years later, Bobby moved back to Danella Construction working on a gas contract. In the last few years he has worked with several different crews doing fiber optics, gas, and water work. Bobby is currently back with Danella Line Services overseeing work as a Field Superintendent.



But in 2009, he realized his health was not where he wanted it to be. He began cross training with running and biking. The next year he completed his first 5k, and worked up to 10ks and marathons. In 2011, the Danella cycling team was formed and Bobby started to participate in rides such as the Tour De Shore.

Continued on Page 10

FATIGUE: HOW IT AFFECTS HEALTH AND SAFETY



Mark Smith
Corporate Safety Director

In the construction field, we often work long hours, do not eat properly, or get enough quality sleep. The construction environment also means performing work activities repeatedly hundreds of times also strains our bodies. The type of work we do can lead to mental and physical fatigue.

Fatigue is defined by Healthline.com as the overall feeling of tiredness or lack of energy. When you are fatigued you have little motivation or energy and often are tired. Being fatigued on a job site can lead to an incident or accident—and is a major safety concern especially during night shifts.

To fight fatigue, it is important to boost your energy levels. Often diet can be a great place to start. Eight popular dietary suggestions to avoid fatigue are:

- **Drink Plenty of Water** – When you are mildly dehydrated it can cause you to feel tired. Often a glass or bottle of water will help do the trick, especially after exercise.
- **Reduce Your Caffeine** – If you are feeling tired you should cut out caffeine. Don't cut caffeine cold-turkey but gradually. Caffeine can include coffee, tea, and sodas. Caffeine may cause you to stay awake past when your body is ready for sleep.
- **Eat Breakfast** – The old saying about having breakfast powers your day, wasn't a lie. Food boosts your metabolism and gives the body energy to burn. Fatigue often results when your brain is lacking glucose to fuel the thought processes. A good balanced breakfast of protein and good carbohydrates can help keep your brain fueled until it's time for a healthy snack or lunch.
- **Don't Skip Meals** – When you go without food for too long your blood sugar levels can dip—causing you to feel tired. Try to eat smaller-portioned meals more regularly to maintain your energy levels throughout the day.
- **Eat a Healthy Diet** – By eating healthier, e.g. increasing the amount of fruit, vegetables, whole grains, low-fat dairy products and lean meats in your diet, can help reduce fatigue. Try to avoid or reduce the amount of high-fat, high sugar and high salt foods you are consuming.
- **Don't Overeat** – Overeating can cause you to feel drained. Instead of eating three big meals per day, try eating six mini-meals to spread your food intake more evenly. Having six smaller meals can help regulate blood sugar and insulin levels.

SAFETY TIP

Struck-by-hazards are one of the most common hazards for all construction workers resulting in death. Falling and heavy objects, along with moving vehicles and equipment are common causes for struck-by-hazards.

To avoid being blindsided, stay alert at all times and take precautions such as:

- Keeping a safe distance
- Storing materials properly
- Wearing appropriate PPE (Personal Protective Equipment)
- Staying out of the equipments' "Line of Fire"
- Make eye contact with operators
- Stay visible



- **Eat Iron-Rich Foods** – Anemia or an iron deficiency can lead to feeling fatigued. Make sure your diet includes iron-rich foods such as lean red meat, spinach, tofu, broccoli, lentils, and many more.

By making these small changes, you can work towards feel less fatigued on the job—reducing your chance of injury or accidents.

REMINDER: If you see an unsafe working condition at a job site use your STOP WORK AUTHORITY. Report the issue immediately to your supervisor and correct the issue before proceeding to do work. If the issue continues call the Safety Hotline at (888) 676-SAFE.

The Danella Wellness Program: Updates and Successes



Robin Bender

Benefits Administrator and Wellness Coordinator

Since 2010, employees and their families have been engaging in the Danella Wellness Program. As we begin our ninth program cycle, we would like to congratulate our employees that have taken advantage of the program to improve, maintain, and continue to learn about ways of eating right and exercising the body and mind. Danella only exists because of the hard work and dedication of our team members. By taking care and control of yourself, your family, and each other, the whole team becomes stronger.

Having good physical and mental health starts before any one walks into a doctor's office after becoming sick. Every year the Wellness Committee reviews the program so that all participants are given the opportunity and incentives to succeed. For the 2019 program cycle, Danella will continue to offer our employees and their families that participate in our robust wellness program the opportunity to save up to \$2,500 per year on medical premiums (depending on plan coverage, compensation and use of tobacco).

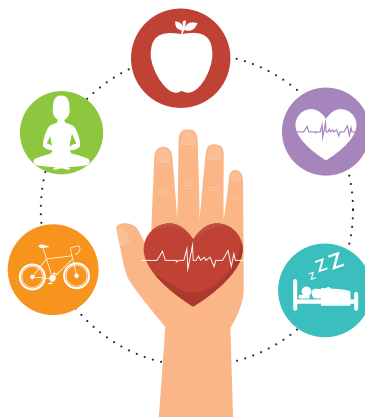
Overall, the requirements and activities in the 2019 program cycle (e.g. webinars, seminars, and challenges) remains the same with a few modifications:

- Wellness Points will be given and a monetary reward for attending at least three coaching sessions
- Increased Wellness Points for a variety of events
- Added ways to receive Wellness Points (e.g., complete and be certified in First Aid)

In addition to saving money, the committee wants our employees and their families to continue to make strides in improving or maintaining healthy wellness targets. For the 2018 plan year, many employees took advantage of a new incentive program that rewarded those that improved or maintained their personal health. The Healthy Wellness Targets Program is back again this year.

Reminder: SwiftMD

SwiftMD, a Telemedicine service, is just one part of the health benefits provided to you and your family by Danella. You are automatically enrolled in this benefit if you enroll in Danella's medical/RX plan. SwiftMD's certified doctors can assist with common medical conditions such as allergies, rashes, pains, fever, and flu. For more information or to utilize the benefit, contact SwiftMD any time 24/7 by calling 833-794-3863 or going online at mySwiftMD.com.



The 2019 program this year will compare the levels of cholesterol, blood pressure, blood glucose, and BMI from the 2018 health screening results to determine a monetary reward. Rewards are given to those that either continue to stay ideal in all three categories; improve by 5%, or improve by 10% in any one or all health levels. Further information about this incentive was outlined in the 2019 Wellness Packet and can be found on SharePoint.

Mr. Danella and the Wellness Committee would like to encourage everyone to continue the great work and continue to work towards his or her own personal wellness goals.

If you have any questions, please reach out to Robin Bender at rbender@danella.com.

WELLNESS DATES TO REMEMBER

- Tobacco Usage Forms due by May 1, 2019
 - Test Completed between May 1, 2018 and April 30, 2019
 - New hires 4 months after eligibility date
- Biometric Screening Due: Oct 31, 2019
- Health Risk Assessment (HRA): Oct 31, 2019
- Earn 400 Wellness Points: Oct 31, 2019

DO YOU NEED WELL-BEING SUPPORT?

Health Advocate, Danella's Employee Assistance Program (EAP) provider, is available 24/7 to assist employees and their families with medical, claims, mental health, and financial questions. This free benefit is available to all employees. Call (866) 799-2728 for support today. In addition, Danella's wellness partner can also be reached at (877) 935-5262 or coach@bhsonline.com.

MEET THE DANELLA WELLNESS COMMITTEE

Occasionally emails or letters are sent to our employees from the Danella Wellness Committee, and we think it is important to introduce those employees involved in shaping the Wellness Plan each year. In addition to Mr. Danella's involvement, the Wellness Committee has five other members that continue to work to better their health and our employees' well-being.

Robin Bender, Benefits Administrator & Wellness Coordinator

Leading the Wellness Committee, Robin is not only able to educate Danella employees and their families but is continually seeking to educate herself. Research and studies continue to show us how important it is to stay active and eat right for physical and mental health. Robin takes a specific interest in research and how it might have helped her father with heart disease resulting in multiple heart attacks and subsequently passing away at age 44. Heredity plays a large part in one's health, so it is important to know the role that heredity plays in your and your family's health to make the right choices to accomplish a healthy overall wellbeing.



Andrea Wentzell, Marketing Coordinator

After hating exercise for much of her life, Andrea now has a routine which includes several different exercise classes: barre, yoga, indoor cycling, HIT, and strength training. In recent months, she has also been working with a BHS Wellness Coach



to eat cleaner. Andrea is also interested in her environmental well-being and has begun to make the switch to more environmentally friendly products.

Hannah Muttie, AP/AR Assistant, DRSI/DRSC

Hannah strives to eat healthy, and incorporates exercise at least four times a week to her already active schedule. She often is talking about her next upcoming races, completing many 5ks, 10ks, marathons, and Tough Mudder competitions throughout the year in the Philadelphia area.



Sauna Zitron, Executive Assistant to Jim Danella

Recently, Sauna made the switch to a plant-based diet, including organic chicken, wild caught fish, and wild venison. She exercises 6 days a week and is an avid tennis player and golfer. Recently she stopped drinking alcohol and gave up dairy, and has never felt better.



Susanne Smith, Executive Assistant

Sue has been involved in an active lifestyle most of her life. When she lived in Arizona and California she taught classes in Zumba, circuit, and senior exercise, played racquet ball and hiked. Since moving to Pennsylvania in 2017, and going through major life changes Sue once again finds herself seeking activity – gym, kayaking, hiking, etc. She doesn't like to sit still for very long!



TAX BENEFITS OF 401(k) PLAN CONTRIBUTIONS

As we approach the April 15 tax deadline, we are reminded that The Danella Companies 401(k) Plan provides a vehicle where you can save for retirement while reducing your taxable income. When you make a contribution from your paycheck, the amount you contribute is pre-taxed which means the contribution is deducted from your pay before federal (and possibly, state/local) income taxes are taken out. So by increasing the amount you contribute to the plan, you will increase your savings and reduce your taxes.

TAKE ADVANTAGE OF TAX-DEFERRED COMPOUNDING

Also, any earnings on your pre-taxed contributions grow "tax deferred" which means you won't pay federal income tax on your pre-taxed contributions until they are distributed from the plan. Any income you earn from investing your contributions is also tax-deferred. Compounding can occur if your contributions generate earnings and those earnings are added to your balance and reinvested. Over time, tax-deferred compounding can have a huge impact on your account balance.

TAKE FULL ADVANTAGE OF EMPLOYER MATCHING CONTRIBUTIONS

Remember, Danella makes a matching contribution for each participant in an amount equal to 50% of the first \$4,000 of pre-

taxed basic contributions, not to exceed \$2,000 each year. Your matching contributions will be credited to your account each pay period. Take a look at the example below:

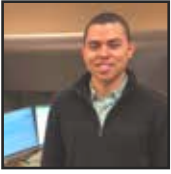
You save:	\$4,000 (\$76.92 wkly/\$153.85 bi-wkly)
Employer Match:	\$2,000
Total Savings:	\$6,000

After 20 years of saving and investment rate of 6%, you would have an account balance of \$220,713.

Perhaps you are unable to save \$4,000 in one calendar year. Remember, Danella makes a matching contribution for every dollar you save up to \$4,000. For example, if you save \$2,000, Danella will match \$1,000 and you would be putting \$3,000 each year toward building your retirement for the future!

Please contact Robin Bender or your benefits administrator if you need a form to change your current election or if you would like to join the plan. Election forms are also available on Sharepoint under Benefits.

WELCOME



In January we welcomed **Jean-Phillipe Flores** as Assistant Project Manager. Jean-Phillipe has a background in Civil Engineering, and holds a MBA in Construction Management. He has more than 5 years of experience in construction projects ranging from residential to commercial. He is also multilingual speaking Spanish, English, and French.



Danella Power Services, Inc., (PA) in January welcomed **Henry "Hank" Boldyzar, Jr.** Hank has over twenty years of electrical construction experience and is a second-generation lineman. Hank's experience includes

substation and gas insulated substation work, along with electrical transmission lines.



Danella Companies, Inc. (PA) welcomed **Cesare Gambone** as IT Director in February. Cesare has over 15 years experience in IT, with a background in desktop support and management.



In December, **Manny Perez** joined Danella Utility Construction, Inc. (FL) as Safety Manager. Manny has been a great addition to the Danella family in keeping job sites safe and workers up to date with safety procedures.

CONTINUED

PEOPLE OF DANELLA: BOBBY GULDIN

Continued from Page 6

Unexpectedly Bobby's running career ended when he was struck by a car while biking. A broken neck resulted, and he underwent an 8-hour surgery to install 4 screws and 3 plates in his neck to repair two broken cervical vertebrae. One of the biggest impressions for him during these times was Jim Danella and Paul Barents were the first to call him while in the hospital to see how he was recovering. But Bobby didn't quit exercise: "I refused to let this end my fitness life, so I got back to it. I was told I would never be able to run or bike again. I fooled them!"

He continued to train by walking the track at the local school and slowly began to bike through water cycling. Eventually he found himself back in the saddle of his bike. Currently, Bobby trains year-round, every day, at his local fitness center with weight training and cardio. He also does at least a 20-30 miles bike excursion every weekend. As a member of the Philadelphia Suburban Cyclist organization Bobby does rides throughout the year in the Northeast and Mid-Atlantic. He usually takes a short reprieve from cycling in December, but not for long.

Bobby considers his recovery a blessing and takes a deep interest in his church, which he has been a member since childhood. In his free time, he helps with the building and grounds maintenance, and decorating for the holidays.

Day-to-day Bobby's schedule is busy and starts early at 3 AM in the Philadelphia area to ensure he is at the job sites in NY or NJ as needed with time to observe the crews and work with the customers.

His goal is to be back at his local gym to work off daily stress, with enough time to eat and check emails before going to bed at 9:30 PM. The amount of driving he does is sometimes a challenge, but it is often the least of his worries during the week, especially when it comes to scheduling inspections.



Bobby would like to extend a thank you to everyone who makes his career here at Danella possible—and it's a lot of people. But one person has made a lasting impact and that is Paul Barents (former Vice President of Danella Rental Systems). Paul is a hard-working, diligent, and focused individual at work and cycling. For Bobby, "Paul instilled in me the drive to work hard every day. To this day he continues to text or call when he knows there is a ride."

As discussed in our feature article, setting goals for yourself whether for wellness or business is important. By setting goals for himself Bobby was able to forgo medication for high blood pressure and is in better shape physically and mentally.

When asked about wellness Bobby stated, "Health and wellness are a lifestyle, achieved by taking one step at a time. No matter how much or how little you accomplish, you are still better off than when you were doing nothing. You don't have to be the best – just do your best. Set your bar higher each time you reach a goal."

Danella Atlantic Corporation (DAC)

- > Recently Danella Atlantic Corporation won an AT&T job in the Arlington, VA area.

Danella Construction Corp. of NJ, Inc. (DCC-NJ)

- > DCC-NJ was recently awarded two projects by South Jersey Industries (SJI) after a successful pilot program. Monika Stewart, Senior Project Manager, has led the team to strive for excellence in pursuing new business opportunities for the DCC-NJ team. Thank you to everyone for their continued hard work and dedication.

Danella Construction Corp. of NY (DCC-NY)

- > Always a 24/7 operation, DCC-NY continues to operate crews attending to the steam leak, repairs, and system upgrades throughout New York City.
- > DCC-NY also continues a project for one mile of 36" diameter welded steel transmission main. Additional crews continue HDPE gas main and service installation, including a 12" diameter directional drilling project.
- > In newly chartered territory for Consolidated Edison Company, Danella will be commencing with the first seven miles of a contractor design and build for a 36" diameter gas transmission main in Bronx, NY.

Danella Construction Corp. of PA (DCC-PA)

- > Over the last several months DCC-PA has engaged in continued learning for our organization. In December, DCC-PA hosted a seminar by an industry expert on the changing One Call regulations. In early February, subject matter expert, Warren Miller, reviewed our OQ process and covered industry best practices. In a continuing effort to work collaboratively with our customers and employees, both events were attended by multiple NJ and PA unions, as well as customers.



Danella Line Services (DLSI)

- > DLSI has been awarded AT&T projects in various locations, including Philadelphia, PA; Allentown, PA; and Long Island, NY. Additional projects were also awarded from, Zayo and SEPTA. The team also started work for First Light. Charter Communications in the Hudson Valley, and MTC in New York.

Danella Utility Construction, Inc. (DUCI)

- > DUCI would like to thank all our employees who helped bring holiday cheer to over 60 children at the Carrfour Supportive Housing Amistad Apartments in Miami. More info is available on Page 4.

CORPORATE NEWS


- > On February 1, 2019 the Corporate office and our divisions celebrated **National Wear Red Day**, to bring awareness to heart health by wearing red. The purpose of this day is to recognize and show support for those struggling with heart disease. (Photo below.)
- > Employee Appreciation Day was March 1, 2019 and was celebrated by our divisions through different activities such as crew breakfasts and lunches. The corporate office held a continental breakfast with fruit, eggs, oatmeal, etc. As always, we would like to continue to express our appreciation for everyone in our organization as they play vital roles in our success.



Near Miss Highlights

In Feb 2019, DCC-PA Foreman Michael Adams encountered a presumed homeless person lying underneath his work truck. Mike asked the man to please leave. He then requested that his crew check under all their vehicles prior to moving them. This is an important lesson for all, as a person or animal may be using your vehicle for shelter. Remember to do a walk around prior to moving any equipment.

Another Near Miss occurred in January. J. Daniel Fiber Splicer, Michael Baumann conducted a visual inspection of his bucket truck prior to performing an aerial splice, and noticed two cracks on the link arm (articulating portion of the boom). He immediately notified his supervisor, Dwayne Johnson, and they decided to STOP WORK, and take the truck out-of-service. This is a great example of the STOP WORK AUTHORITY program preventing unsafe acts. Thank you to Michael for performing the visual inspection as required by OSHA and voicing his concerns to management.



**Celebrating Danella's
wellness program and the
success of our employees.**

DANELLA®

2290 Butler Pike
Plymouth Meeting, PA 19462

www.danella.com